

# 7 Secrets of Confession

## **1 Sin doesn't change God.**

Teach your child that like your love for them as their parent, nothing they every say or do could make God love them less. Sin doesn't change God. He remains steadfast, always ready to welcome us back with loving arms when we return to Him.

## **3 Your sin is different from my sin.**

Though there are different types of sins (mortal vs. venial), the nature of a sin rests on a person's individual will. Teach your children the Ten Commandments and the difference between right and wrong. Model for them the importance of desiring God's will above all else.

## **5 Confession takes us to the cross.**

The Paschal Mystery of Christ's death on the cross is never over. It cannot be assigned to a specific time or place. What Jesus did then (2,000 years ago) affects us now, and what we do now affects Jesus then. We must be active participants in God's plan of salvation.

## **7 You have to let go of your chains.**

God relentlessly pursues us, but He will never force His love on us and there are things we do that can block His love. Trust draws His mercy, but a lack of trust blocks it. We must avoid the habits and temptations that prevent us from following God.

## **2 It's not just about forgiveness.**

Confession or Reconciliation is considered one of the two Sacraments of Healing. Just like we need healing for our bodies sometimes, we also need healing for our souls. Confession provides the healing we need.

## **4 Confession is never really private.**

In the confessional, God the Father, together with Jesus and the Holy Spirit, is filled with joy by our efforts and immediately shares that joy with all of the Angels and Saints. Our relationship with God, ourselves, and others are restored through this Sacrament.

## **6 New wine needs new skins.**

Confession calls us to change our attitudes and dispositions radically and completely. Christ pours His own life into us when we receive this Sacrament. He is the "new wine" and we must receive Him in "new skins." It is important to rely on the Lord - we cannot do this alone!

## **\* Change your oil!**

Don't just go to Confession; go a lot! The more you go, the more you will grow in comfort, knowledge, and appreciation of the Sacrament! Bring others to the Sacrament with you!